

Kentucky Class Notes

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859.252.NOTE

PSY 223 Bitson
Fall 2010
Test 1

8-30-10

- Professor Bitson will begin each class with some sort of article he's found that could be related to our class. He did not mention whether these would be tested over or not. The first one about 'Day Care

Linked to Aggression', the following points were made:

- The more time young children spend in day care away from their mothers the more likely they are to be overly aggressive by the time they reach kindergarten according to the largest ever study of child care and development.
- The basic results of the 10-year, 10-city study were outlined at a briefing by principal researcher Jay Belsky of Birkbeck College in London. Belsky presented the findings in more detail at a meeting of the Society for Research in Child Development.
- "A constant dose-response relationship is shown between time in care and problem behavior, especially those involving aggression and behavior," Belsky told reporters.
- Belsky added that children who spend more than 30 hours a week in child care "scored higher on items like 'getting into fights', 'aggression', 'explosive behavior', as well as 'talking too much', 'argues a lot', and 'demands a lot of attention.'
- "If more child care arrangements is predicting negative outcomes then to reduce the probability of negative outcomes, you reduce the time in care," said Belsky.
- Sarah Friedman of the National Institute of Child Health and Human Development, one of the lead scientists on the study with Belsky, said, "The easy solution is to cut the number of hours but that may have implications for the family that may not be beneficial for the development of the children in terms of economics."

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- The study followed more than 1,364 children in a variety of settings, from care with relatives and nannies to preschool and large day care centers. Conclusions are based on ratings of children by their mothers, those caring for them and kindergarten teachers.
- The average time in day care for all those studied was 26 hours per week. Teachers found that 17% of the children who were in care for more than 30 hours per week were regarded by teachers, mothers and caregivers as being aggressive toward other children. That compared with 6% for the group of children in child care for less than 30 hours per week.

Study of Development

- There are specific **patterns of change** throughout development.
 - These are often referred to as **developmental periods**.
 - Specific developmental periods include infancy, toddler, adolescents, and young adults.
- There are three types of **domains**.
 - **Physical** refers to how our body is developing. For example, a young boy's voice cracking or a young girl's breasts coming in.
 - **Cognitive** refers to our ways of thinking. For example, thinking back you should remember there were lots of things we couldn't do till a certain age.
 - **Social-emotional** deals mostly with how we form friends, get along with parents, siblings, etc...

What Drives Development

- The relative roles of **nature** and **nurture** play a significant role in developmental psychology.